



League
Director
Handbook

Table of Contents

Introduction	3
NBL Sponsors	4
NBL Formats	5
NBL 4-17 Scoring Format	7
Organizing an In-house League	9
Organizing a Traveling League	13
NBL Match Score Sheets	18
NBL Traveling League flier	27
NBL League Flyer (blank)	28
NBL Playing Levels	29
NBL Calendar	30
NBL Regions	32
Sample News Release	33
Court Set Up	34
NBL League Registration Form	36
Round Robin Schedules	38

Introduction

What is the National Badminton League?

National Badminton League (NBL) promotes the development of professional and recreational leagues throughout the United States, Canada, and other areas of North America.

What are the NBL Recreational League divisions?

NBL recreational league divisions include A, B, C and D levels for Boys, Girls, Junior Mixed, Men, Women, Adult Mixed, Senior Men, Senior Women and Senior Mixed. See page 5 for information on NBL formats.

Where are league matches played?

Recreational league matches may be played anywhere a badminton court can be set up: clubs, community centers, YMCAs, high schools, middle schools, colleges and universities, parks, backyards, etc.

When is the league season?

League seasons vary. See page 26 for important league dates.

Do teams travel or play all league matches within one facility?

Matches may be played exclusively within one facility and/or travel between facilities for matches. The Middle School League is designed to be primarily a traveling league in which teams from middle schools play each other in home and away matches.

Are there opportunities to progress beyond the local league level?

Yes. The winning team from each league qualifies for a State/Province Playoff, held in each state or province at the end of the league season. Winners will advance to the Regional Playoffs, and regional winners will advance to the NBL Championships. See page 28 for a list of NBL regions.

What are the costs?

League fees are charged by local League Directors to cover the costs of shuttles, court time, administrative expenses, etc. For each player in your league, the base fees must be submitted to the NBL office. Check the NBL web site for current base fees.

NBL Sponsors



Badminton Warehouse is committed to providing the lowest priced badminton rackets, shuttlecocks and accessories on the web. Badminton Warehouse caters to beginners, intermediate and advanced level badminton players and carries the latest badminton equipment from all the top manufacturers.

NBL Formats

Boy's A, Boy's C, Girl's A, Girl's C

Minimum of four players per team. Five matches will be played: three singles and two doubles. Singles players and doubles teams may play in any order; teams must exchange scoresheets before match begins. Rally scoring to 21 points. Players may play singles and doubles.

Boy's B, Boy's D, Girl's B, Girl's D

Minimum of two players per team. Three matches will be played: two singles and one doubles. Singles players may play in any order; teams must exchange scoresheets before match begins. Rally scoring to 21 points. Players may play singles and doubles. D-level leagues may be played outdoors and/or may use synthetic shuttles.

Junior Mixed A, Junior Mixed B, Junior Mixed C, Junior Mixed D

Minimum of two boys and two girls per team. Five matches will be played: boy's singles, boy's doubles, girl's singles, girl's doubles, and mixed doubles. Rally scoring to 21 points. Players may play singles and doubles, teams must exchange scoresheets before match begins. These leagues may also use the 4-17 Scoring Format (see page 7). D-level leagues may be played outdoors and/or use synthetic shuttles.

Middle School League A/B, C/D

Minimum of two boys and two girls per team. Five matches will be played: boy's singles, boy's doubles, girl's singles, girl's doubles, and mixed doubles. Rally scoring to 21 points. Players may play singles and doubles, teams must exchange scoresheets before match begins. These leagues may also use the 4-17 Scoring Format (see page 7). D-level leagues may be played outdoors and/or use synthetic shuttles.

Men's A, Men's C, Women's A, Women's C

Minimum of four players per team. Four matches will be played: two singles and two doubles. Singles players and double teams may be placed in any order; teams must exchange scoresheets before match. Rally scoring to 21. Players are allowed to play singles and doubles. If the match is tied at the completion of four matches, **one doubles game** will be played to break the tie (any combination of doubles team, but players must have played in a singles or doubles match).

Men's B, Men's D, Women's B, Women's D

Minimum of two players per team. Three matches will be played: two singles and one doubles. Singles players may play in any order; teams must exchange scoresheets before match begins. Rally scoring to 21 points. Players may play singles and doubles. D-level leagues may be played outdoors and/or may use synthetic shuttles.

Adult Mixed A, Adult Mixed B, Adult Mixed C, Adult Mixed D

Minimum of two men and two women per team. Five matches will be played: men's singles, men's doubles, women's singles, women's doubles, and mixed doubles. Rally scoring to 21 points. Players may play singles and doubles, teams must exchange scoresheets before match begins. These leagues may also use the 4-17 Scoring Format (see page 7). D-level leagues may be played outdoors and/or use synthetic shuttles.

Senior Men's A, Senior Men's C, Senior Women's A, Senior Women's C

For players age 55 and above. Minimum of four players per team. Two doubles matches will be played. Double teams may be placed in any order; teams must exchange scoresheets before match. Rally scoring to 21. If the match is tied at the completion of two matches, **one doubles game** will be played to break the tie (any combination of players for the tiebreak, but participants must have played in the previous matches). **Note:** This format has the option on playing two doubles games instead of two doubles matches. If the match is tied at the completion of two games, one doubles game will break the tie. Participants in the tiebreak game must have played in the previous games.

Senior Men's B, Senior Men's D, Senior Women's B, Senior Women's D

For players age 55 and above. Minimum of three players per team. Three doubles games will be played, each game is rally scoring to 21. Each team will designate Player #1, Player #2, and Player #3. In the first game, Players #1 and #2 will play together. In the second game, Players #2 and #3 will play together. In the third game, Players #3 and #1 will play together. If a team has additional players, they will be alternates and may be substituted into a game for any reason. If a #1, #2 or #3 player is unable to continue playing for any reason, an alternate is allowed to take his or her place. D-level leagues may be played outdoors and/or use synthetic shuttles.

Senior Mixed A, Senior Mixed B, Senior Mixed C, Senior Mixed D

For players age 55 and above. League director may choose any of the following formats: **Senior Three:** Minimum of two men and two women per team. Three games **or** three matches will be played: men's doubles, women's doubles, and mixed doubles. Rally scoring to 21. Players are allowed to play in multiple games or matches. Teams must exchange scoresheets before match.

Senior Five: Minimum of two men and two women per team. Five games **or** five matches will be played: men's doubles, men's singles, women's doubles, women's singles, and mixed doubles. Rally scoring to 21. Players are allowed to play in multiple games or matches. Teams must exchange scoresheets before match. Use [Scoresheet 8](#) for this format.

4-17 Scoring Format may also be used (see page 7).

D-level leagues may be played outdoors and/or use synthetic shuttles.



NBL 4-17 Scoring Format

A *minimum* of nine games are played: **two games each** of men's singles, men's doubles, women's singles, women's doubles, and **at least one game** of mixed doubles. Additional games of mixed doubles are played in Overtime, if required.

On two courts, men's doubles and women's doubles is played first, followed by men's singles and women's singles. Mixed doubles is always played last.

On one court, HOME will determine which games are played in the following order, with mixed doubles always played last:

1. Doubles
2. Singles
3. Doubles
4. Singles
5. Doubles
6. Singles
7. Doubles
8. Singles
9. Mixed Doubles

All games are first to 17 points. Each person or team will take turns serving four points. Every game won is a point in a team's total score.

MATCH FORMAT

- Teams will exchange scorecards (with players listed for each game, excluding Overtime) before the match begins.
- HOME will choose if it wants to serve first in all singles games or in all doubles games (excluding any Overtime games).
- AWAY gets choice of ends, and remains on that end for the entire match.
- For each game played, teams are allowed to vary singles players or doubles combinations.
- There is a two-minute break between games. During this time, players in the upcoming event will warm-up.

MATCH SCORING and OVERTIME

- After the completion of the first nine games, the game total is determined by adding the number of games won by each team. If the leading team won the mixed doubles event, the match is over.
- If the trailing team won the mixed doubles event, the match will enter Overtime. Mixed doubles play continues until the leading team wins one game (which concludes the match), or the trailing team ties the score.
- If the trailing team ties the score, a final mixed doubles game will be played to decide the match. All games won in Overtime count in both teams' final scores.
- The team that served first in the mixed doubles prior to Overtime will receive first in the initial mixed doubles Overtime game. Teams will subsequently alternate serving first, and this pattern will continue until the match is completed.

COACHING

- Coaching is allowed throughout the match as long as it does not interfere with play. Team members are seated at courtside and are allowed to support their team.

SUBSTITUTIONS and BREAKS

- The team coach may, at any time, substitute a player (same gender) into any game for any reason. Players who are removed from a game may not return in that particular game.
- If a substitution occurs in doubles, the remaining player may not change the side on which he or she receives. In addition, the service order may not be changed.
- Once a player's name has been listed on a scorecard, it counts as him/her having played in that game.
- In all games, there will be a 20-second break after every four points. Players may use towels, get drinks, receive coaching, etc. at the team bench during these breaks. If a game reaches 16-16, there will be a 10-second break before the final point is played.

SCORECARD

- Scorecard for the 4-17 Format is available on page 21.

Organizing an In-house League

In-house Leagues are played within one facility: clubs, community centers, YMCAs, schools, parks, backyards, etc. – anywhere one badminton court can be set up. In addition, all D-level leagues have the option of playing outdoors. For information on badminton court specifics, see page 30.

Anyone can organize an in-house league, and listed below are the steps you will need to follow:

Step 1: Determine the League Division(s)

Each of the NBL League Divisions listed below have specific playing seasons, definitions of playing abilities, and formats:

Boy's A	Boy's B	Boy's C	Boy's D
Girl's A	Girl's B	Girl's C	Girl's D
Junior Mixed A	Junior Mixed B	Junior Mixed C	Junior Mixed D
Middle School A/B		Middle School C/D	
Men's A	Men's B	Men's C	Men's D
Women's A	Women's B	Women's C	Women's D
Adult Mixed A	Adult Mixed B	Adult Mixed C	Adult Mixed D
Senior Men's A	Senior Men's B	Senior Men's C	Senior Men's D
Senior Women's A	Senior Women's B	Senior Women's C	Senior Women's D
Senior Mixed A	Senior Mixed B	Senior Mixed C	Senior Mixed D

For each league division's playing season, see NBL Calendar on page 26.
For definitions of A, B, C and D levels, see NBL Playing Levels on page 25.
For formats, see NBL Formats on page 5.

Step 2: Determine Playing Day(s) and Time(s)

This will depend upon court availability and the preferences of your badminton players. Also, the number of courts needed and the time needed will depend upon the number of teams in the league. For example, a Men's league or Women's league with four teams can be played on two courts in less than ninety minutes. If you only have one available court, you may need to have teams play at staggered times (i.e. 6:00 pm and 7:30 pm).

Step 3: Determine the League Fees

Charges to individuals who play in the league must include the NBL base fee (check the NBL web site for current base fees). Other costs may include court time, shuttles, awards and administration costs (e.g. advertising, printing, mailing, and refreshments). Any additional fees are yours to keep.

For in-house leagues, there are two ways to handle league fees:

- Have all players pay one up-front fee that covers the NBL base fee, your administrative fee, the entire season's court time fees, shuttle fees, etc. Then, you will be responsible for paying for the court time and shuttles each week.
- Have all players pay the NBL base fee and your administrative fee at the beginning of the season, and then have players pay for court time and shuttle fees for each match they play in ("pay as you play").

Step 4: Recruit Players

The NBL web site has a League Finder page, on which your contact information can be posted. When potential players are looking for league, they will be able to contact you via email or phone. See the NBL web site for more information on having your contact information posted.

The web site Sportsvite.com is an excellent place to promote your league. This site lists people who are interested in badminton in your area, and once you have gone through the free Sportsvite registration, you can get your own Sportsvite league page. You will also be able to do a targeted email, post bulletins, and add your league page link to the Sportsvite directory so that members can view your league information when searching for a league.

Some methods of recruiting players include word of mouth, posters and fliers (see page 24), email, print ads, and new releases (see page 29).

League Registration

League Directors may register leagues and teams via mail. On the NBL web site, select Recreational Leagues, then select Organize. On the Organize page select League Registration in the menu on the upper right, which will download a printable league/team registration form.

League Directors may also register leagues and teams online. On the Organize page, Click on the Register Now! button to start the online registration process.

Step 5: Set Up the League Schedule

Once you have finalized the number of teams in your league, you can set up a league schedule. If you have two teams in your league, the teams must play at least three times. For leagues that have three or more teams, you will want to set up a round-robin schedule. See pages 37-43 for example round-robin schedules.

Step 6: Order Shuttles

NBL League Directors receive special pricing on shuttles from Badminton Warehouse. Call Badminton Warehouse at 1-800-650-0562.

Step 7: Manage the League

Managing a league requires that you distribute league schedules, collect and record match results, compute weekly standings, and keep everyone informed with announcements. Managing a league can be as simple as using your facility's bulletin board, or you could sign up for an online league page at Sportsvite.com. The NBL web site's Organize page and NBL League Director Handbook have plenty of information that will help you manage your leagues.

Step 8: Register the League

League Directors must register leagues and teams via mail or online. The deadlines for each league season are always late in the season in order to give League Directors time to collect fees, add players to teams, etc. There are registration deadlines for each league division and season; see the NBL Calendar on page 26 for registration deadlines.

The following information will be required in order to complete the league and team registration process:

- **League Director information.** Name, address, phone and email.
- **League information.** League division, start date of league, name and address of facility.
- **Team information.** Name of each team, and for each player registered: name, address, phone, email, and birth date.

Online registration process is available on the Organize page of the NBL web site. For mail-in registrations, a printable NBL League Registration Form can be downloaded from the Organize page (click on Register in the menu in the right column). A League Registration form is also available on page 35.

Step 9: Progression of Winning Teams

All league winners have the opportunity to progress to State/Province Playoffs, Regional Playoffs, and ultimately the (national) NBL Championship. See page 26 for NBL Calendars.

In-house League Directors have the option of progressing the league's winning team OR an All-Star team selected from league participants. If you decide to progress an All-Star team, make sure your participants know about this policy before they register for the league.

All members of an All-Star team must have played at least one match in your in-house league. When selecting your All-Star team, please be aware of the maximum number of participants permitted for teams in each division (see page 5). The All-Star option does not apply to traveling leagues.

Organizing a Traveling League

Traveling leagues include matches between cities, clubs, community centers, YMCAs, and any other types of facilities. Traveling leagues are slightly more complicated to organize than in-house leagues, but it is well worth the effort. In these leagues, team captains or team contact persons have more responsibilities.

Anyone can organize a traveling league, and listed below are the steps you will need to follow:

Step 1: Determine the League Division(s)

Each of the NBL League Divisions listed below have specific playing seasons, definitions of playing abilities, and formats:

Boy's A	Boy's B	Boy's C	Boy's D
Girl's A	Girl's B	Girl's C	Girl's D
Junior Mixed A	Junior Mixed B	Junior Mixed C	Junior Mixed D
Middle School A/B		Middle School C/D	
Men's A	Men's B	Men's C	Men's D
Women's A	Women's B	Women's C	Women's D
Adult Mixed A	Adult Mixed B	Adult Mixed C	Adult Mixed D
Senior Men's A	Senior Men's B	Senior Men's C	Senior Men's D
Senior Women's A	Senior Women's B	Senior Women's C	Senior Women's D
Senior Mixed A	Senior Mixed B	Senior Mixed C	Senior Mixed D

For each league division's playing season, see NBL Calendar on page 26.
 For definitions of A, B, C and D levels, see NBL Playing Levels on page 25.
 For formats, see NBL Formats on page 5.

Step 2: Determine Playing Day(s) and Time(s)

You will need to do some research with potential teams to determine the best match day and time. When organizing a traveling league, you have three options for determining playing days and times:

- Have a pre-determined day and time for matches.
- Allow teams to schedule their own matches on a weekly basis.
- Have a suggested match schedule and permit teams to change match days and times (if both teams can agree on the change).

If you allow teams to do their own scheduling (second option), you will need to have a rule that explains what happens if a match is not completed by a weekly deadline (i.e. both teams would be defaulted and could not reschedule that particular match).

Step 3: Determine the League Fees

Charges to individuals who play in the league should include the NBL base fee (check the NBL web site for current base fees). Other costs may include court time, shuttles, awards and administration costs (e.g. advertising, printing, mailing, and refreshments). Any additional fees are yours to keep.

NBL Leagues Directors and NBL teams receive special pricing on shuttles from Badminton Warehouse. You may include the cost of shuttles into the league fee, or have teams handle their own shuttle costs.

Step 4: Find team captains or team contact persons

In a traveling league, each team's captain or contact person has certain responsibilities. They will need to recruit players for their team, reserve court time at their facility (once you have finalized the schedule), host home matches, and report home match results to the League Director.

A sample team captain flyer can be found on page 24. You may modify this flier to recruit potential team captains or team contact persons.

Step 5: Determine how match costs will be handled

Since teams will travel to play at other facilities (which may have varying court rates), it will need to be determined how court time fees and guest fees will be handled.

You may want to consider handling league costs in one of these ways:

- Have all players pay one up-front fee that covers the NBL base fee, your administrative fee, the entire season's court time fees, shuttle fees, etc. Then, you will pay for court time and shuttles each week
- Have all players pay the NBL base fee and your administrative fee at the beginning of the season, and then have players share the court time costs and shuttle costs for each match they play in, whether the match is at home or away ("pay as you play")
- Have all players pay the NBL base fee and your administrative fee at the beginning of the season, and then have the home team cover the costs of court time and shuttles (visiting team does not pay anything).
- Have all players pay the NBL base fee and your administrative fee at the beginning of the season, and then have teams establish their own team fees, with which they will cover the costs of hosting a match (court time, guest fees, shuttles, refreshments, etc.) In this situation, visiting teams would not pay anything.

This is your decision or you may want to get input from your team captains/contact persons.

League Registration

League Directors may register leagues and teams via mail. On the NBL web site, select Recreational Leagues, then select Organize. On the Organize page select League Registration in the menu on the upper right, which will download a printable league/team registration form.

League Directors may also register leagues and teams online. On the Organize page, Click on the Register Now! button to start the online registration process.

Step 6: Set Up the League Schedule

Once you have finalized the number of teams in your league, you can set up a league schedule. If you have two teams in your league, the teams must play at least three times. For leagues that have three or more teams, you will want to set up a round-robin schedule. See pages 37-43 for example round-robin schedules.

Step 7: Manage the League

Managing a league requires that you distribute league schedules, collect and record match results, compute weekly standings, and keep everyone informed with announcements. Managing a league can be as simple as using your facility's bulletin board, or you could sign up for an online league page at Sportsvite.com. In addition, the NBL web site's Organize page and NBL League Director Handbook have plenty of information that will help you manage your leagues.

Step 8: Register the League

League Directors must register leagues and teams online or via mail. The deadlines for each league season are always late in the season in order to give League Directors time to collect fees, add players to teams, etc. There are registration deadlines for each league division and season; see the NBL Calendar on page 26 for registration deadlines.

The following information will be required in order to complete the league and team registration process:

- **League Director information.** Name, address, phone and email.
- **League information.** League division, start date of league, name and address of facility.
- **Team information.** Name of each team, and for each player registered: name, address, phone, email, and birth date.

Online registration process is available on the Organize page of the NBL web site. For mail-in registrations, a printable NBL League Registration Form can be downloaded from the Organize page (click on Register in the menu in the right column). A League Registration form is also available on page 35.

Step 9: Progression of Winning Teams

All league winners have the opportunity to progress to State/Province Playoffs, Regional Playoffs, and ultimately the (national) NBL Championship. See page 26 for NBL Calendars.



Score Sheet 1
Boy's B, Boys D
Girl's B, Girl's D
Men's B, Men's D
Women's B, Women's D

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Singles:	vs	Singles:	Score:
Singles:	vs	Singles:	Score:
Doubles:	vs	Doubles:	Score:

Enter scores for each match and circle the winning singles players and doubles team.

www.NBLbadminton.com



Score Sheet 2

Junior Mixed A, B, C, D
Middle School A/B, C/D
Adult Mixed A, B, C, D
Senior Mixed A, B, C, D

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Boy's or Men's Doubles:	vs	Boy's or Men's Doubles:	Score:
Girl's or Women's Doubles:	vs	Girl's or Women's Doubles:	Score:
Boy's or Men's Singles:	vs	Boy's or Men's Singles:	Score:
Girl's or Women's Singles:	vs	Girl's or Women's Singles:	Score:
Mixed Doubles:	vs	Mixed Doubles:	Score:

Enter scores for each match and
circle the winning singles players and doubles teams.

www.NBLbadminton.com



Score Sheet 3

**Men's A, Men's C
Women's A, Women's C**

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Singles:	vs	Singles:	Score:
Singles:	vs	Singles:	Score:
Doubles:	vs	Singles:	Score:
Doubles:	vs	Singles:	Score:
Tiebreak:	vs	Tiebreak:	Score:

Enter scores for each match and circle
the winning singles players and doubles teams

www.NBLbadminton.com



Score Sheet 4

**Boy's A, Boy's C
Girl's A, Girl's C**

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Singles:	vs	Singles:	Score:
Singles:	vs	Singles:	Score:
Singles:	vs	Singles:	Score:
Doubles:	vs	Doubles:	Score:
Doubles:	vs	Doubles:	Score:

Enter scores for each match and circle the winning singles players and doubles teams

www.NBLbadminton.com



Score Sheet 5

**Sr. Men's B, Sr. Men's D
Sr. Women's B, Sr. Women's D**

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Player 1 and Player 2	vs	Player 1 and Player 2	Score:
Player 2 and Player 3	vs	Player 2 and Player 3	Score:
Player 3 and Player 1	vs	Player 3 and Player 1	Score:

Enter scores for each match and circle the winning doubles team.

www.NBLbadminton.com



Score Sheet 6

Sr. Men's A, Sr. Men's C
Sr. Women's A, Sr. Women's C
 Three game or three match format

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Doubles:	vs	Doubles:	Score:
Doubles:	vs	Doubles:	Score:
Tiebreak:	vs	Tiebreak:	Score:

Enter scores for each match and circle the winning doubles team.

www.NBLbadminton.com



Score Sheet 7

Senior Mixed A, B, C or D
Three game or three match format

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Men's Doubles	vs	Men's Doubles	Score:
Women's Doubles	vs	Women's Doubles	Score:
Mixed Doubles	vs	Mixed Doubles	Score:

Use this scoresheet for either the Five Game format or the Five Match format.
 Enter scores for each match and circle the winning doubles team.

www.NBLbadminton.com



Score Sheet 8

Senior Mixed A, B, C or D
Five game or five match format

Date:	Facility:
Division:	Final Score:

Team Name:	Team Name:
------------	------------

Men's Doubles	vs	Men's Doubles	Score:
Women's Doubles	vs	Women's Doubles	Score:
Men's Doubles	vs	Men's Doubles	Score:
Women's Doubles	vs	Women's Doubles	Score:
Mixed Doubles	vs	Mixed Doubles	Score:

Use this scoresheet for either the Five Game format or the Five Match format.

Enter scores for each game/match and circle the winning doubles team.

www.NBLbadminton.com



Score Sheet 4-17
Junior Mixed leagues
Adult Mixed leagues
Senior Mixed leagues

Date:	Facility:
Division:	Final Score:

HOME Team Names	Score	x winner	Score	AWAY Team Names
D				D
S				S
D				D
S				S
D				D
S				S
D				D
S				S
MX				MX
Total Number of Games won				Total Number of Games won
OT				OT
OT				OT
OT				OT
OT				OT
OT				OT
OT				OT
OT				OT
OT				OT
TB				TB
Final Score				Final Score

HOME serves first in all singles games; AWAY serves first in all (non-Overtime) doubles games
 If match goes into Overtime, HOME serves first in the initial Overtime game; teams will then alternate serving first in subsequent Overtime games until match is concluded

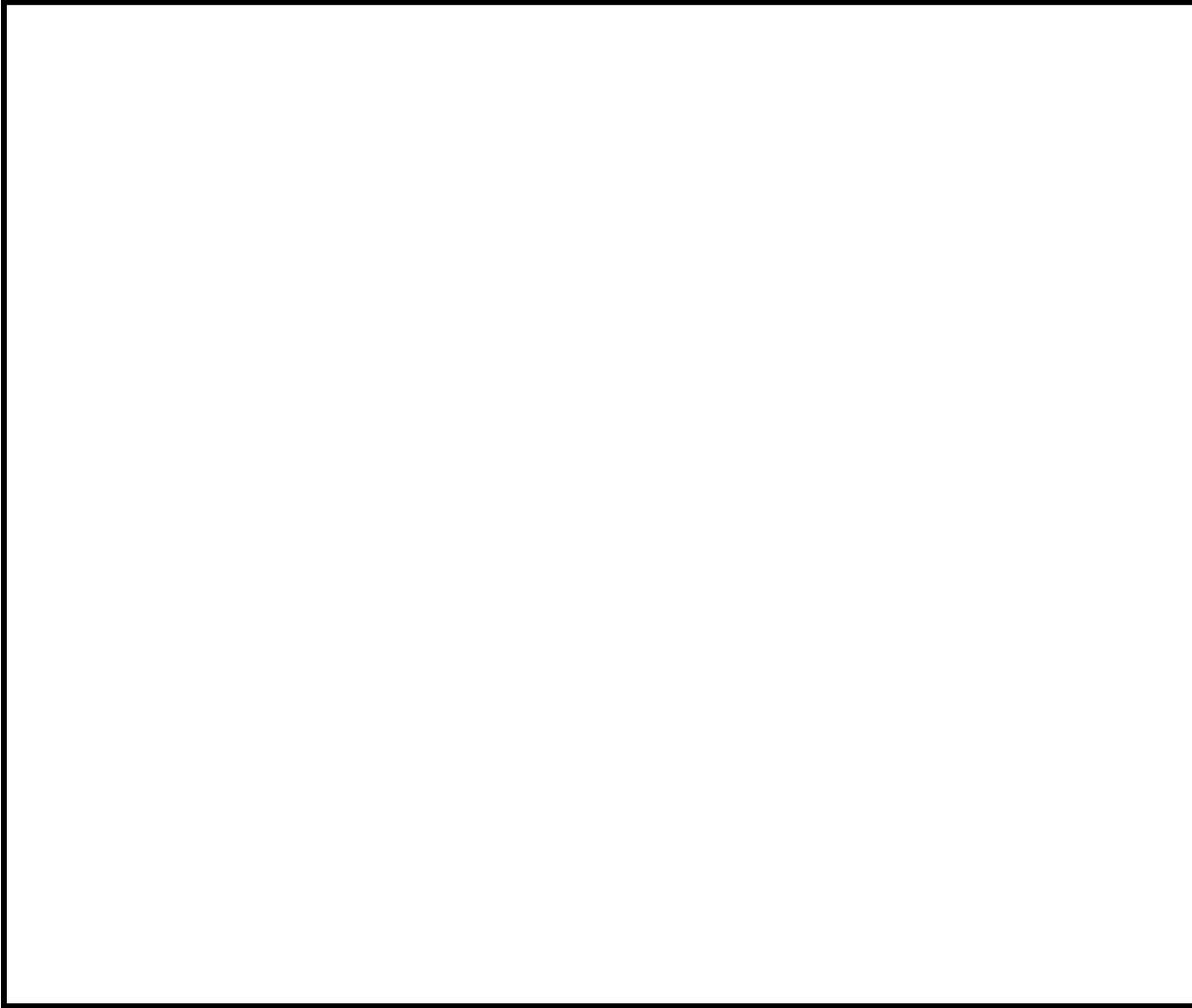


National Badminton League Mixed A Traveling League Los Angeles area *Team captain information*

- Starts on Friday, May 8. Matches played each Friday at 6:00 pm.
- Each team will have an equal number of home and away matches. Match schedule will be made and distributed by the League Director before the season begins.
- League champion will qualify for NBL State Playoffs (site TBA).
- Matches may be played at any facility that has at least two badminton courts: clubs, schools, colleges, YMCAs, community centers, etc.
- Minimum of two men and two women are required for a team; maximum of 12 players total. Since this is an A-level league, B-level and C-level players are allowed to participate (NBL rules allow players to “play up”).
- Format includes five matches: men’s singles, men’s doubles, women’s singles, women’s doubles, and mixed doubles. Each match won is a point in a team’s total score.
- Home team must provide shuttles for each home match. If your home matches are played at a facility that requires court time fees and/or guest fees, the home team is responsible for all of these costs.
- There is a **league fee** of \$80.00 per player, which will be collected by the League Director.
- All players must be members of the NBL. Membership is available on the NBL web site at www.NBLbadminton.com
- You may charge your players an additional **team fee** to cover the costs of shuttles, court time, instructors/coaches fees, etc.
- Team entry deadline is Friday, May 1, 2009.

To enter a team or for more information, contact:

(Name)
(Phone)
(Email)



NBL Playing Levels

A	Advanced Players. This is the most competitive level, and these players have the ability to compete in national and regional tournaments. "A" players have variety of speed and disguise on all their shots. Some of the advanced shots these players have mastered include drive serves, round-the-head slice drops, backhand smash from high backcourt, backhand slice drop from high backcourt, net-flick shot, net-brush shot, and forehand and backhand defensive drives.
B	Intermediates and Advanced Intermediates. These players have the ability to compete in regional and local tournaments. "B" players have flick and low wide serves and can execute crosscourt and straight net slice drops with the forehand and backhand. These players are proficient with most round-the-head shots, including offensive and defensive clears, smash and drops. These players are also able to execute forehand overhead slice drops, half-smash, net-push shot, and underhand defensive clears with the forehand and backhand.
C	Beginners and Advanced Beginners. These players are new to the sport and may just be starting to compete in local tournaments. "C" players are becoming proficient with most of the basic shots, including high serves and low serves, forehand and backhand underhand clear, underhand drop, net smash, drive, and defensive block to net. They are also able to execute the forehand overhead clear, forehand overhead smash, and forehand overhead drop.
D	Beginners. These players are new to the sport and have an understanding of the basic strokes and how to keep score.

NBL Calendars

Boy's A, Boy's B, Boy's C, Boy's D Girl's A, Girl's B, Girl's C, Girl's D

October 1	Season opens
December 1	First league match must be played by December 1
January 1	Deadline to register leagues
January 15	All league matches must be completed by Jan. 15
January	State/Province Playoffs
February	Regional Playoffs
February	NBL Championships
February 28	Season closes

Junior Mixed A, B, C or D

May 1	Season opens
June 15	First league match must be played by June 15
July 1	Deadline to register leagues
July 15	All league matches must be completed by July 15
July	State/Province Playoffs
August	Regional Playoffs
August	NBL Championships
August 31	Season closes

Middle School A/B or C/D

Sept. 1	Season opens
April 1	First league match must be played by April 1
April 15	Deadline to register leagues
May 1	All league matches must be completed by May 1
May	State/Province Playoffs
May	Regional Playoffs
June	NBL Championships
June 30	Season closes

**Men's A, Men's B, Men's C, Men's D
Women's A, Women's B, Women's C, Women's D**

November 1	Season opens
February 1	First league match must be played by February 1
March 1	Deadline to register leagues
March 15	All league matches must be completed by March 15
March	State/Province Playoffs
April	Regional Playoffs
April	NBL Championships
April 30	Season closes

Adult Mixed A, B, C, or D

May 1	Season opens
August 1	First league match must be played by August 1
September 1	Deadline to register leagues
September 15	All league matches must be completed by Sep 15
September	State/Province Playoffs
October	Regional Playoffs
October	NBL Championships
October 31	Season closes

**Senior Men's A, Senior Men's B, Senior Men's C, Senior Men's D
Senior Women's A, Senior Women's B, Senior Women's C, Senior Women's D**

November 1	Season opens
February 1	First league match must be played by February 1
March 1	Deadline to register leagues
March 15	All league matches must be completed by March 1
March	State/Province Playoffs
April	Regional Playoffs
April	NBL Championships
April 30	Season closes

Senior Mixed A, B, C, or D

May 1	Season opens
August 1	First league match must be played by August 1
September 1	Deadline to register leagues
September 15	All league matches must be completed by September 15
September	State/Province Tournaments
October	Regional Tournaments
October	NBL Championships
October 31	Season closes

NBL Regions

<u>Northwest Region</u> Washington Oregon Alaska Idaho British Columbia Yukon	<u>North Central Region</u> North Dakota South Dakota Minnesota Nebraska Iowa Montana Wyoming Alberta Saskatchewan Manitoba Northwest Territories Nunavut	<u>Great Lakes Region</u> Wisconsin Illinois Indiana Michigan Missouri Kentucky Ohio Ontario (Western)	<u>Northeast Region</u> Pennsylvania New Jersey New York Connecticut Rhode Island Massachusetts Vermont New Hampshire Maine Virginia West Virginia District of Columbia Maryland Delaware Ontario (Eastern) Quebec Nova Scotia New Brunswick Newfoundland Prince Edward Island
<u>West Region</u> California Nevada Hawaii	<u>Southwest Region</u> Arizona New Mexico Utah Colorado	<u>South Central Region</u> Texas Oklahoma Arkansas Kansas Louisiana	<u>Southeast Region</u> Florida Georgia Alabama Mississippi Tennessee North Carolina South Carolina Puerto Rico U.S. Virgin Islands

Sample News Release

(Replace underlined/bold text with your local information)

(Text should be double-spaced)

Contact:

John Smith

123 Main Street

Anycity, IN 12345

(123) 456-7890

FOR IMMEDIATE RELEASE

NATIONAL BADMINTON LEAGUE TO BEGIN IN ANYCITY

A National Badminton League for women will begin January 31, 2009 at The Anycity Park, 789 Main Street, Anycity. Matches will be played Thursdays from 6:00 pm to 8:00 pm for ten weeks.

National Badminton League (NBL) is a badminton league that offers divisions of play for adults and juniors. Winners of local leagues have the opportunity the advance to State and Province Tournaments, Regional Tournaments, and the NBL Championships.

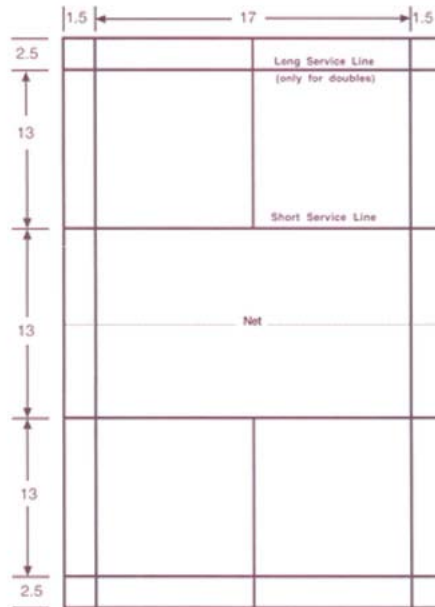
The entry fee for the league is \$85.00, which covers the cost of court time, shuttles, awards and refreshments.

The deadline for entries is January 15, 2009. For more information, please contact John Smith at (123) 456-7890.

#

Setting Up a Badminton Court

A badminton court is 44 feet long and 17 feet wide for singles and 20 feet wide for doubles (see diagram below). The lines should be 1 1/2 inches wide, and the color of the line should be in contrast to the floor. In this diagram, the numbers represent length in feet. *Please be aware that 1.5 stands for 1 and 1/2 feet (or 18 inches) and 2.5 stands for 2 1/2 feet (or 30 inches):*



The height of the net is five feet at the middle and five feet, one inch at the net posts, which are placed on the doubles sidelines.

Wood floors are the best, with composition and tile floors a distant second. Avoid concrete and carpet.

Since competitive badminton is strictly an indoor game, the ceiling area is important. The ceiling should be at least 30 feet high with no overhangs, girders or other obstructions, and indirect lighting is preferred.

On an ideal badminton court, the background (walls and ceiling) are dark to provide contrast to the shuttle. There should be no windows or skylights. This may not always be possible in all facilities, and sometimes light backgrounds can be fixed by draping black plastic over the walls and windows.

Usually, three badminton courts will fit on a basketball court. There should be at least four feet of clear floor space surrounding each court and between any two courts.

Taping a Court

Precautions must be taken when using tape on wood floors. Do not use masking tape or duct tape! Contact BSN-Collegiate Pacific to order MacGregor Floor Tape. It comes in a 1-inch width (60 yards long) and various colors; be sure to order white. Since approximately 330 feet of tape is needed, you will need to order two rolls of tape per court (you should order an extra amount to allow for mistakes!). The BSN-Collegiate Pacific web site is: <http://www.bsncp.com>

Using Standards Efficiently

If you only have two portable badminton standards (portable volleyball standards can also be used), you can still set up several badminton courts. Place the standards on the far sides of the bank of courts, and tie all the net cords together (making one long strand). Then, get a 5' 2" piece of 1 x 4 wood plank and notch a V at one end of the wood to support the strand in between the courts. You should affix a protective piece of rubber on the bottom of the wood to avoid scratching the floor - rubber furniture leg coasters work well if they are glued on. Be sure the bottom of the notched V in the plank is at least 5 feet, one inch. Also, if you use this method, you may need to add additional weight to the bases of the standards (sandbags, weights, etc.)

NBL Registration Form

League Director information
Name:
Address, City, State, Zip:
Phone:
Email:

League information
Division:
Start Date:
Facility:
Facility Address, City, State, Zip:
If you know your State/Province Coordinator code, please enter here:
For Traveling Leagues, list additional facility information on the back of this sheet.

Complete team information forms (next page) for each team
Enclose mail-in base fees for each player
(\$10.00 per junior, \$20.00 per adult, \$15.00 per senior*)
**For senior players who participate in Adult leagues, the Adult base fee will apply*

Make checks payable to National Badminton League

Mail completed forms to:
National Badminton League
P.O. Box 11653
Merrillville IN 46411

Team information (one sheet for each team):

Team Name:

Players:

Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:
Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:
Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:
Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:
Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:
Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:	Name: Address: State: City and Zip: Phone: Email: Birthdate: Adult t-shirt size:

Three-Team Round-Robin

If you have three teams in your league, you may want to run a six-week league to make sure each team plays at least three times. If this is a traveling league, you will need to assign home and away matches. In this schedule, each team will play two home matches, two away matches, and have two byes:

Week One

*Team 1	vs	Team 2
Bye	vs	Team 3

Week Two

Team 1	vs	Bye
*Team 3	vs	Team 2

Week Three

*Team 1	vs	Team 3
Team 2	vs	Bye

Week Four

Team 1	vs	Team 2*
Bye	vs	Team 3

Week Five

Team 1	vs	Bye
Team 3	vs	Team 2*

Week Six

Team 1	vs	Team 3*
Team 2	vs	Bye

Four-Team Round-Robin

If you have four teams in your league, you can run a three-week schedule (in which each team plays every other team once) or a six-week schedule (in which each team plays every other team twice). If you choose a six-week schedule, make sure the home and away matches are balanced. Examples are shown with asterisk (*):

Week One

Team 1*	vs	Team 2
Team 4*	vs	Team 3

Week Two

Team 1*	vs	Team 4
Team 3*	vs	Team 2

Week Three

Team 1	vs	Team 3*
Team 2	vs	Team 4*

Week Four

Team 1	vs	Team 2*
Team 4	vs	Team 3*

Week Five

Team 1	vs	Team 4*
Team 3	vs	Team 2*

Week Six

Team 1*	vs	Team 3
Team 2*	vs	Team 4

Five-Team Round-Robin

If you have five teams in your league, you will need to run a minimum of a five-week schedule so each team can play every other team once. Each team will have one bye. This could also be a ten-week league, in which each team will play every other team twice (home and away):

Week One

Team 1	vs	Team 2
Bye	vs	Team 3
Team 5	vs	Team 4

Week Two

Team 1	vs	Bye
Team 5	vs	Team 2
Team 4	vs	Team 3

Week Three

Team 1	vs	Team 5
Team 4	vs	Bye
Team 3	vs	Team 2

Week Four

Team 1	vs	Team 4
Team 3	vs	Team 5
Team 2	vs	Bye

Week Five

Team 1	vs	Team 3
Team 2	vs	Team 4
Bye	vs	Team 5

Six-Team Round-Robin

A six-team league could be completed in five weeks (with each team playing every other team once) or in ten weeks (with each team playing every other team twice):

Week One

Team 1	vs	Team 2
Team 6	vs	Team 3
Team 5	vs	Team 4

Week Two

Team 1	vs	Team 6
Team 5	vs	Team 2
Team 4	vs	Team 3

Week Three

Team 1	vs	Team 5
Team 4	vs	Team 6
Team 3	vs	Team 2

Week Four

Team 1	vs	Team 4
Team 3	vs	Team 5
Team 2	vs	Team 6

Week Five

Team 1	vs	Team 3
Team 2	vs	Team 4
Team 6	vs	Team 5

Seven-Team Round-Robin

If you have seven teams in your league, you will need to run a minimum of a seven-week schedule so each team can play every other team once:

Week One

Team 1	vs	Team 2
Bye	vs	Team 3
Team 7	vs	Team 4
Team 6	vs	Team 5

Week Two

Team 1	vs	Bye
Team 7	vs	Team 2
Team 6	vs	Team 3
Team 5	vs	Team 4

Week Three

Team 1	vs	Team 7
Team 6	vs	Bye
Team 5	vs	Team 2
Team 4	vs	Team 3

Week Four

Team 1	vs	Team 6
Team 5	vs	Team 7
Team 4	vs	Bye
Team 3	vs	Team 2

Week Five

Team 1	vs	Team 5
Team 4	vs	Team 6
Team 3	vs	Team 7
Team 2	vs	Bye

Week Six

Team 1	vs	Team 4
Team 3	vs	Team 5
Team 2	vs	Team 6
Bye	vs	Team 7

Week Seven

Team 1	vs	Team 3
Team 2	vs	Team 4
Bye	vs	Team 5
Team 7	vs	Team 6

Eight-Team Round-Robin

An eight-team league could be completed in seven weeks, with each team playing every other team once):

Week One

Team 1	vs	Team 2
Team 8	vs	Team 3
Team 7	vs	Team 4
Team 6	vs	Team 5

Week Two

Team 1	vs	Team 8
Team 7	vs	Team 2
Team 6	vs	Team 3
Team 5	vs	Team 4

Week Three

Team 1	vs	Team 7
Team 6	vs	Team 8
Team 5	vs	Team 2
Team 4	vs	Team 3

Week Four

Team 1	vs	Team 6
Team 5	vs	Team 7
Team 4	vs	Team 8
Team 3	vs	Team 2

Week Five

Team 1	vs	Team 5
Team 4	vs	Team 6
Team 3	vs	Team 7
Team 2	vs	Team 8

Week Six

Team 1	vs	Team 4
Team 3	vs	Team 5
Team 2	vs	Team 6
Team 8	vs	Team 7

Week Seven

Team 1	vs	Team 3
Team 2	vs	Team 4
Team 8	vs	Team 5
Team 7	vs	Team 6